

**Wells-Ogunquit  
Little League  
COVID 19  
Guidelines for play**

Wells-Ogunquit Little League is committed to the safety of its players, coaches, volunteers, and spectators. Below is a set of guidelines to be followed during all events held by Wells-Ogunquit Little League or on Wells-Ogunquit Little League fields. The below requirements are to be shared prior to the season start with all players, coaches, officials, and volunteers. Spectators are asked to review these guidelines before they arrive to the field.

**All**

- If the county any Wells-Ogunquit Little League team is to play in is designated RED, the game is to be postponed until the designation has changed or moved to an alternative location.
- Players, coaches, players family and spectators are to maintain six-foot social distancing during all activities at the facility or event.
- All persons attending a Wells-Ogunquit Little League event are to always wear a face mask.
- Players, coaches, volunteers, and spectators are to conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
- Players, coaches, players family and spectators, are strongly recommended to travel to the venue alone or with a member of their immediate household.
- Water/drinks are not to be shared by players, coaches, players family and spectators.
- Players families are to provide water/drinks for players.
- Players should bring hand sanitizer to use between innings. A spray bottle of hand sanitizer will be provided for each team for use during games to sanitize common areas.
- Play and bench areas will be designated and are for Players and Coaches only.
- Team huddles, mound visits, coach – player communication, coach–umpire conferences, and player-umpire communication are to maintain a six-foot distance.
- Player and coaches face masks are always required.
- Spectators face masks are always required.
- Players, coaches, players family and spectators should refrain from high fives, fist bumps, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. In the interest of good sportsmanship, A “tip of

the cap” can be used following the game in lieu of the handshake line.

- Chewing gum, chewing, and spitting of seeds, and spitting are not allowed.
- Coaches must ensure the players are adhering to social distancing in dugouts and other designated player areas.
- Individuals should not congregate in common areas or parking lots.

## **Teams**

- Equipment is not to be shared between players. Players that do not have their own equipment will be assigned needed equipment from Wells-Ogunquit Little League. This equipment is to be returned at the end of the season.
- Game balls are not to be shared. Each team will have their own game balls controlled by the teams coaching staff. The pitcher will bring and return the ball in each inning. Foul balls will be retrieved by each team.
- Practices and pregame warmups are to maintain a six-foot social distancing whenever possible; it is recommended that coaches divide players into groups and establish rotating stations when possible.
- Base coaches are to maintain a six-foot social distance while coaching on the field.
- Coaches and players are to remain in designated areas whenever possible.
- Handle any player injuries as normal. Coaches should involve parents when necessary.

- Dugouts are limited to 3 players and 1 coach. All other players and coaches should be outside of the field of play and maintain social distancing whenever possible.
- Lineups, rosters, fielding positions are not to be shared on paper. Please use the Game Changer app for these items.
- Team huddles, mound visits, coach – player communication, coach–umpire conferences, and player-umpire communication are to maintain a six-foot distance.

### **Umpires**

- Umpires must adhere to six-foot social distancing when interacting with players, coaches, and spectators.
- Umpires are to conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
- Umpires are to call the game from behind the pitcher. One umpire per game is required. Umpires are always to maintain social distancing.
- Umpires are to avoid exchanging documents or equipment with players, coaches, or spectators. Game Changer app is to be used for all game documentation.
- Umpires are required to always wear face masks.

### **Contact tracing measures.**

- Coaches will be provided with spreadsheets at the beginning of the season with players' names and contact information. Such as email addresses and phone numbers to be used to contact players, parents/guardians, and families.
- Coaches will also contact all players and volunteers from their team in the event of a positive test or suspected exposure.
- Volunteers and umpires are asked to check in with the home team coach to be included in the event roster.

### **Suspected exposure or infection measures**

- Coaches, players family, spectators, umpires, and volunteers are asked to reach out to a representative of Wells-Ogunquit Little League (e.g., players coach, player agent, league safety officer (Katherine “Katie” Sevigney, 1-207-752-3041, [katherinesevigney@gmail.com](mailto:katherinesevigney@gmail.com)), President (Shawn Kirby), etc.) if they,
- Experience symptoms after an event held by Wells-Ogunquit Little League
- Have a positive test result within 14 days of attending a Wells-Ogunquit Little League event
- Immediately isolate and seek medical care for any individual who develops symptoms.
- Contact the local health district about suspected cases or exposure.
- Coaches will be accepted to also contact all players and volunteers from their team in the event of a positive test or suspected exposure.

### **Pre and post event**

- Coaches and volunteers are asked to sanitize all common areas of the event space (e.g., dugouts, designated player and coach areas, canteen, etc.) Products will be made available in the equipment storage area.
- Players, coaches, players family and spectators are to remove and properly dispose of all trash in proper receptacles.

These guidelines may be modified at any time. We have listed several measures that can be taken to minimize the potential spread of the virus. These measures should lead to a safe, healthy, and enjoyable environment where the kids and adults in our community can play, have fun, and enjoy the game.

Thank You for your cooperation,

**Wells Ogunquit Little League**

## **CDC Recommendations**

- > <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html>
- > <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

## **Maine state guidelines**

- > <https://www.maine.gov/decd/checklists/community-sports>

## **CDC guidelines for sports**

- > <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/playing-sports.html>

## **Little League Resources**

- > <https://www.littleleague.org/player-safety/coronavirus-update/season-resumption-guide/best-practices/organizing-playing-watching-games/facility-fan-and-administrative-guidance/>
- > <https://www.littleleague.org/player-safety/coronavirus-update/season-resumption-guide/>
  - > <https://www.littleleague.org/player-safety/coronavirus-update/season-resumption-guide/best-practices/organizing-playing-watching-games/>